

MEDICATIONS & MEDICAL CONDITIONS

Below are guidelines on Medications – these will be discussed with you at your Nurse Assessment appointment. Please list any blood thinning medications on your Pre-Anaesthetic Questionnaire attached.

❖ MEDICATIONS

1. DIABETIC MEDICATION. If you are a diabetic, special instructions will be given to you either by your referring doctor, by contacting one of our Gastroenterologists or your Endocrinologist. Please notify on booking that you are a diabetic so we can arrange an early morning appointment.

2. IRON tablets should be ceased 7 days before the procedure.

FISH OIL/OMEGA 3 should be ceased at least 7 days before the procedure.

3. ASPIRIN can safely be continued up to the time of your colonoscopy.

ANTI COAGULANTS	ANTI-PLATELETS
Warfarin, Coumadin, Marevan Phenindione (Dindevan) Rivaroxaban (Xarelto) Apixaban (Eliquis) Dabigatran (Pradaxa) Enoxaparin sodium (Clexane)	CLOPIDOGREL (Iscover, Plavix – including all trade names) PRASUGREL (Effient) TICAGRELOR (Brillinta) TICLOPIDINE (Tilodene, Ticlid) CILOSTAZOL (Pletal)

If you are taking any of these medications, you will need to discuss this further with the Nurse at your upcoming Preparation/ Nurse Assessment Appointment.

The decision to cease these medications should be individualised only after discussion with your specialist or GP who controls your anti-coagulant.

Occasionally patients do need other treatment such as Clexane injections while these medications are ceased.

❖ HEART PROBLEMS

Current guidelines from the American Society of Gastrointestinal Endoscopy (ASGE) and the American Heart Association (AHA) recommend that antibiotics are not required for colonoscopy or upper endoscopy.

Please inform us if you have a pacemaker.

If you have an implanted defibrillator you should have your procedure in a major hospital and also with prior consultation with your Cardiologist.

❖ RECENT TESTS

You should not have a colonoscopy performed if you have had a barium enema or a Barium meal in the last 7 days. Please let us know if you have had these tests performed recently.